

CRAZY WISDOM

with Wes Nisker

Wes “Scoop” Nisker is a Buddhist meditation teacher, author and performer. For nearly 40 years Wes has also worked in radio, first as a news anchor at the legendary KSAN in San Francisco, and later as news director at KFOG. During his radio career ‘Scoop’ has won the Billboard Magazine, Columbia School of Journalism, and San Francisco Media Alliance awards for excellence in FM radio programming. Although his main occupation these days is teaching mindfulness meditation, when the radio muse calls Wes will sometimes respond with a rant or commentary on KPFA called “The Occasional Scoop.”

Wes’s books include a recently released anthology of his writing entitled *You Are Not Your Fault* (Soft Skull Press), a newly edited version of his national bestseller, *Essential Crazy Wisdom* (Ten Speed Press), *The Big Bang, The Buddha, and the Baby Boom* (HarperSanFrancisco), *Buddha’s Nature* (Bantam), and *Crazy Wisdom Saves the World Again!* (Stonebridge Press) Wes was also the founder and co-editor of the international Buddhist journal “Inquiring Mind.”

Wes has studied Buddhist meditation for over three decades with teachers in Asia and America, and for the past 15 years has been leading his own retreats and workshops in Buddhist insight meditation and philosophy at venues internationally. He is a senior teacher at the Spirit Rock Meditation Center in Woodacre, California, and does regular workshops at Esalen Institute and other retreat centers.

For the past year and a half Wes has been performing a comic monologue to critical acclaim in venues around the country, most recently at Berkeley Rep. A DVD of the show is available from his website wesnisker.com under the title “Crazy Wisdom Saves the World Again!”

Wes’s teaching and performance schedule is listed on his website – wesnisker.com.

PRAISE FOR THE PROSE

of *Wes Scoop Nisker*

“Essential Crazy Wisdom” and “Crazy Wisdom Saves the World Again!”

"Nisker's book is twenty-three times more liberating than the Bible, the Torah, and the Koran combined. It may be crazy to say such a thing but it is also wise."

— **Tom Robbins**, author

"A profound journey beyond science, philosophy, and psychology. Instant therapy!"

— **Daniel Goleman**, author, *Emotional Intelligence*

"Brilliant, original, consciousness expanding, profound, mysterious and very funny. Oh, the audacious joy of crazy wisdom! What more could you ask?"

— **Jack Kornfield**, Buddhist teacher and author

“Buddha’s Nature”

"A milestone in contemporary Buddhism. I dare you to find a book on science that is so personal, or a book on meditation that is so funny and forgiving."

— **Joanna Macy**, author *World As Lover, World As Self*

"Buddha’s Nature is truly a healing and historic achievement."

— **Brian Swimme**, author, *The Universe Story*

"This book is a fabulous tool for our greater joy and achievements."

— **Thich Nhat Hanh**, spiritual teacher, author